

# Allergens & Gluten



	Fish	Shellfish	Peanuts	Tree nuts	Milk	Eggs	Wheat & Gluten	Soy	Sesame	Bacon	MSG
<b>Chowders</b>											
White Clam Chowder	✓	✓			✓	✓		✓	✓		✓
Red Clam Chowder	✓	✓				✓		✓			
Wild Alaska Salmon Chowder	✓					✓		✓			
Alder Smoked Salmon Chowder	✓				✓	✓		✓	✓		
<b>Breading</b>											
Batter						✓		✓			
Breading								✓	✓		
Panko Breading								✓	✓		
Cajun Breading								✓	✓		✓
Clam Strips		✓				✓		✓	✓		
Chicken Strips						✓	✓	✓			
Pre-Breaded Sandwich Chicken						✓		✓			
<b>Bread / Crackers</b>											
Corn Muffin						✓	✓	✓	✓		
Hawaiian Buns						✓	✓	✓	✓		
Saltine Crackers								✓	✓		
<b>Sauces</b>											
Tartar Sauce							✓				
Chipotle Tartar Sauce							✓				
Sweet Tartar							✓		✓		
Ketchup											
Cocktail Sauce											
Barbecue Sauce	✓								✓		
<b>Dressings</b>											
Cole Slaw Dressing							✓		✓		
Caesar Dressing	✓					✓	✓		✓		
Ranch Dressing						✓	✓		✓		✓
<b>Grilled Fish Ingredients</b>											
Non-Stick Spray									✓		
Liquid Butter									✓		

Ivar's uses shared prep areas and cooking equipment, and cannot wholly eliminate the risk of cross-contamination (there is no separate fryer or grill exclusively for people with seafood allergies, for example). Additionally, we cannot guarantee that any of our menu items will be completely free of specific allergens as suppliers occasionally substitute products (feel free to ask the manager to see the ingredient label for any item).