

Ivar's Wild Catch Clam Chowder



Nutrition Facts

Serving Size 8oz.(226g)
Servings Per Container 3

Amount Per Serving		Calories from Fat 70	
		% Daily Value*	
Calories	130		
Total Fat	7g		11%
Saturated Fat	1.5g		8%
Trans Fat	0g		
Cholesterol	15mg		5%
Sodium	710mg		30%
Total Carbohydrate	12g		4%
Dietary Fiber	1g		4%
Sugars	0g		

Protein 4g	
Vitamin A	10%
Vitamin C	4%
Calcium	2%
Iron	6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300 mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Ivar's Puget Sound Style Clam Chowder



Nutrition Facts

Serving Size 8oz.(226g)
Servings Per Container 3

Amount Per Serving		Calories from Fat 200	
		% Daily Value*	
Calories	320		
Total Fat	22g		34%
Saturated Fat	13g		65%
Trans Fat	0g		
Cholesterol	5mg		2%
Sodium	660mg		28%
Total Carbohydrate	25g		8%
Dietary Fiber	1g		4%
Sugars	1g		

Protein 6g	
Vitamin A	2%
Vitamin C	50%
Calcium	4%
Iron	20%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300 mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Premium Northwest Dungeness Crab Bisque



Nutrition Facts

Serving Size 8oz.(226g)
Servings Per Container 3

Amount Per Serving		Calories from Fat 280	
		% Daily Value*	
Calories	360		
Total Fat	31g		48%
Saturated Fat	19g		95%
Trans Fat	1.5g		
Cholesterol	100mg		33%
Sodium	1050mg		44%
Total Carbohydrate	15g		5%
Dietary Fiber	1g		4%
Sugars	5g		

Protein 4g	
Vitamin A	--%
Vitamin C	2%
Calcium	--%
Iron	4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300 mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Clam-hattan™ Style Red Clam Chowder



Currently out of Rotation

Nutrition Facts

Serving Size 8oz.(226g)
Servings Per Container 3

Amount Per Serving		Calories from Fat 0	
		% Daily Value*	
Calories	80		
Total Fat	0g		0%
Saturated Fat	0g		0%
Trans Fat	0g		
Cholesterol	10mg		3%
Sodium	390mg		16%
Total Carbohydrate	10g		3%
Dietary Fiber	2g		8%
Sugars	3g		

Protein 7g	
Vitamin A	15%
Vitamin C	20%
Calcium	6%
Iron	35%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300 mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Alder Smoked Salmon Chowder



Nutrition Facts

Serving Size 8oz.(226g)
Servings Per Container 3

Amount Per Serving		Calories from Fat 190	
		% Daily Value*	
Calories	300		
Total Fat	21g		32%
Saturated Fat	13g		65%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium	550mg		23%
Total Carbohydrate	26g		9%
Dietary Fiber	1g		4%
Sugars	1g		

Protein 3g	
Vitamin A	2%
Vitamin C	4%
Calcium	2%
Iron	4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300 mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Wild Alaskan Smoked Salmon Chowder



Nutrition Facts

Serving Size 8oz.(226g)
Servings Per Container 3

Amount Per Serving		Calories from Fat 150	
		% Daily Value*	
Calories	240		
Total Fat	17g		26%
Saturated Fat	8g		40%
Trans Fat	0g		
Cholesterol	60mg		20%
Sodium	850mg		35%
Total Carbohydrate	15g		5%
Dietary Fiber	1g		4%
Sugars	4g		

Protein 8g	
Vitamin A	25%
Vitamin C	60%
Calcium	8%
Iron	4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300 mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

All information shown was determined by FDA approved methods and is based on cooking instructions provided.

Nutritional values for Wild Catch Clam Chowder based on the use of 2% milk.

For more information about Ivar's and Ivar's TwoSpoon products please contact our sales department at 425 493 1402

Since 1938
Ivar's

Seafood, Soup & Sauce Company

11777 Cyrus Way, Mukilteo, WA 98275
425 493 1402 • fax 425 493 1861
IvarsChowder.com

A Northwest Soup Tradition

Widely recognized as one of the finest food purveyors in the country, Ivar's Seafood, Soup & Sauce Company produces top-quality seafood soups, and sauces at our state-of-the-art facility in Mukilteo, Washington. Our seafood soup tradition began in 1938 when Ivar Haglund began making and selling his homemade clam chowder on the Seattle waterfront. Today, along with our original line of Ivar's seafood soups and chowders, we produce Ivar's TwoSpoon soups, a selection of original, non-seafood recipes and new classics. Ivar's also develops custom soups for restaurants and food-service companies, and they're all made with the same tradition of quality that has made us famous since 1938.

For more information about Ivar's and Ivar's TwoSpoon products please contact our sales department at 425 493 1402



Seafood, Soup & Sauce Company

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lvarschowder.com



Ivar's Wild Catch Clam Chowder

This natural chowder is made with wild-harvested, hand-shucked clams, fresh-frozen herbs and Northwest grown onions and potatoes. It contains no bacon.

Preparation Time: 35 minutes

Distribution Item Number:

Manufacturers' Code: 600

Contents: Three 4-pound bags of soup concentrate. Add 1/2 gallon (64 oz.) of milk per pouch, (we recommend 2% milk).

Shelf Life: 18 months frozen.

Main Ingredients: Natural sea clams, potatoes, onions, celery, spices, butter and sea salt.



Ivar's Puget Sound Style Clam Chowder

Available in concentrated or heat-and-serve versions, this distinctive Northwest-style chowder with a tantalizing hint of bacon is made with meaty clams harvested in the icy waters of the North Atlantic Ocean.

Prep. Time: 35 minutes **Distribution Item Number:**

Manufacturers' Code: concentrate 9571 • heat-and-serve 952

Concentrate Contents: Four 4-pound bags of soup concentrate. Add one quart (32 oz.) of water per bag.

Heat-and-serve Contents: Four 4-pound bags of soup, ready to use

Shelf Life: Three months refrigerated or 18 months frozen.

Main Ingredients: Sea clams, potatoes, bacon, onions, spices, celery.



Premium Northwest Dungeness Crab Bisque

Our rich, flavorful and succulent bisque, made with real cream, savory crab stock and Dungeness crab meat, brings a touch of sophistication to any menu.

Preparation time: 30 minutes

Distribution Item Number:

Manufacturers' Code: 988

Contents: Three 4-pound bags of soup concentrate. Add one quart (32 oz.) of water per bag.

Shelf Life: Three months refrigerated or 18 months frozen.

Main Ingredients: Crab meat, heavy cream, butter, tomato, red bell pepper, cream corn and spices.



Clam-hattan™ Style Red Clam Chowder

We've given traditional "Manhattan-style" clam chowder a fresh new flavor with our slightly spicy broth that's brimming with tasty sea clams, plus Red Bliss potatoes and vegetables.

Preparation time: 25 minutes

Distribution Item Number:

Manufacturers' Code: 217

Contents: Three 4-pound bags of soup concentrate. Add one quart (32 oz.) of water per bag.

Shelf Life: Three months refrigerated or 18 months frozen.

Main Ingredients: Tomatoes, chopped sea clams, potatoes, celery, fennel, herbs, spices and seasonings.



Alder Smoked Salmon Chowder

Savor the irresistible flavor and tantalizing aroma of wild Alaskan smoked salmon, perfectly blended with tender potatoes and vegetables in this rich and creamy chowder.

Preparation time: 30 minutes

Distribution Item Number:

Manufacturers' Code: 969

Contents: Four 4-pound bags of soup, ready to use.

Shelf Life: Three months refrigerated or 18 months frozen.

Main Ingredients: Potatoes, smoked salmon, garlic, onion, celery, spices, Parmesan and Romano cheese.



Wild Alaskan Smoked Salmon Chowder

This slightly spicy chowder features wild-caught Alaskan Keta Salmon—a source of beneficial omega -3 fatty acids—that's been smoked in the traditional Northwest style over native hardwood.

Preparation time: 30 minutes

Distribution Item Number:

Manufacturers' Code: 983

Contents: Three 7-ounce bags of smoked salmon. Three 4-pound bags of soup concentrate. Add one quart (32 oz.) of water per bag of concentrate.

Shelf Life: Two months refrigerated or 18 months frozen.

Main Ingredients: Potatoes, smoked salmon, garlic, onion, celery, spices, roasted red bell pepper purée, cream.